



## Making the most of NHS ATHENS

Before you begin to search for information ask yourself what kind of resources would answer your need.

If you want **secondary sources** of information such as **clinical guidelines** or **systematic reviews**, go to NHS Evidence [www.evidence.nhs.uk](http://www.evidence.nhs.uk) and search the range of excellent resources, including material gathered by NHS specialist collections, Map of Medicine pathways, Cochrane reviews and NICE guidelines. You do not need a username and password to access this resource. Recent additions to NHS Evidence include information on specific topics in an A-Z <http://www.evidence.nhs.uk/topics> and NICE pathways which show visual pathways which bring together all related NICE products on a topic in a simple-to-read user-friendly interface <http://pathways.nice.org.uk/>

If you are looking for **journal articles** and **primary research** you will need to use your NHS ATHENS account to search on databases or the e-journal A-Z (see below).

If you don't have an NHS ATHENS account you can self-register on-line from <https://register.athensams.net/nhs/nhseng/>

To log-in go to <http://www.library.nhs.uk/login.aspx>, click on sign-in to ATHENS and then put in your ATHENS username and password.

If you want to see the full range of the resources you are entitled to, go to <http://www.library.nhs.uk/mylibrary/default.aspx>  
Make sure you are logged-in (your name should appear at the top of the screen) then scroll down to My ATHENS resources.

Your ATHENS account is specific to your Trust, so as well as seeing resources purchased at an NHS-wide level, you also see resources purchased at the London and even the local level.

On the list of ATHENS resources you will find **Primal Pictures Anatomy TV** which is an anatomy programme which makes full use of the internet to providing interactive images of the human body.

NHS ATHENS users in London can also access **BMJ Learning** package of e-learning modules, which covers a wide range of health-related topics from anaesthesia to teaching and training.

The ATHENS account also gives you access to **e-books** through <http://www.library.nhs.uk/booksandjournals/ebooks/> and to **e-journals** through <http://www.library.nhs.uk/booksandjournals/journals/>.  
Make sure you are logged in (you should be able to see your Trust's name on the journals page if you are) to ensure you have access to a full range of titles available to you.

Finally, if you need to make a **literature search** covering a wide-range of journals, for example to find primary research papers on a topic, the NHS ATHENS password provides access to a range of databases through the Healthcare Databases Advanced Search (HDAS). These include Medline and EMBASE (for medical topics), CINAHL and the British Nursing Index (mainly for nursing, although CINAHL is also a good source for allied health), PsycInfo (for mental health), AMED (for allied and complementary medicine) and HMIC and Health Business Elite (for health service management and administration).

Database searching often requires a different approach and staff at Archway Healthcare Library are happy to provide literature search support for Trust staff. Please contact [ahl@mdx.ac.uk](mailto:ahl@mdx.ac.uk) or phone 0207 288 3580 for further information.

A basic guide to searching HDAS is available: <http://www.archway.ac.uk/AHL/HDAS%20QuickSearch.pdf>

For details of our training courses please visit: <http://www.archway.ac.uk/AHL/training/courses.htm>